Monitoring Macromolecular Motions on Microsecond to Millisecond Time Scales by $R_{1\rho}-R_1$ Constant Relaxation Time NMR Spectroscopy

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Dynamic processes on microsecond to millisecond (μ s-ms) time scales are important for the functions of proteins, including recognition, allostery, and catalysis.^{1,2} Intramolecular motions on μ s-ms time scales contribute to nuclear magnetic relaxation through adiabatic dephasing of coherent states and are exhibited as conformational exchange phenomena in solution-state NMR spectroscopy.³ Nuclear magnetic relaxation in the rotating frame (i.e., in the presence of a radiofrequency (rf) field) constitutes a unique source of information on chemical and conformational exchange processes.⁴ This communication presents a new rotating frame technique for studying intra- and intermolecular exchange in proteins5-8 that overcomes several difficulties associated with existing spin-lock and spin-echo experiments. First, rotating frame and laboratory frame relaxation rate constants are averaged during a novel constant relaxation time (CRT) period in order to simplify the off-resonance effects normally encountered in spin-lock experiments. Second, an offresonance spin-lock rf field9-11 is used to increase the magnitude of the effective magnetic field in the rotating frame in order to access faster dynamic processes. The off-resonance $R_{1\rho}-R_1$ CRT nuclear magnetic relaxation experiment allows determination of conformational exchange times at least as short as 25 μ s in proteins.

The effect of conformational (or chemical) exchange on the off-resonance rotating frame relaxation rate constant, $R_{1\rho}^{\text{off}}$, is described by⁸

$$R_{1\rho}^{\text{off}} = R_1 \cos^2 \theta + R_2 \sin^2 \theta + R_{\text{ex}} \sin^2 \theta \qquad (1)$$

in which $\theta = \arctan(\omega_1/\Delta\omega)$ is the "tilt angle" between the directions of the reduced static field, $\Delta\omega = \omega - \omega_0$, and the effective field, $\omega_e = (\omega_1^2 + \Delta\omega^2)^{1/2}$, in the rotating frame; ω is the spin-lock rf frequency; ω_1 is the spin-lock field strength in units of rad/s; ω_0 is the population-averaged chemical shift; R_1 and R_2 are the spin-lattice and spin-spin relaxation rate constants, respectively; and R_{ex} is the contribution to the transverse relaxation rate from exchange processes. For exchange between two sites A and B_{\cdot}^{8}

$$R_{\rm ex} = (\delta\omega)^2 p_{\rm A} p_{\rm B} \tau_{\rm ex} / (1 + \tau_{\rm ex}^2 \omega_{\rm e}^2)$$
(2)

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in which p_i is the population of spins in site i, $\delta \omega = \omega_A - \omega_B$ is the chemical shift difference between the two sites, and $\tau_{ex} = 1/k_{ex} = p_B/k_{A \rightarrow B} = p_A/k_{B \rightarrow A}$ is the time constant for the exchange process. The off-resonance spin-lock experiment allows ω_e to be varied by changing ω while keeping ω_1 constant in order to minimize sample heating effects. In addition, complications that arise because the resonance frequencies for the (two) individual conformations (e.g., ω_A and ω_B) differ from ω_0 are mitigated because $\Delta \omega \gg \delta \omega$. The desired exchange parameters, $(\delta \omega)^2 p_A p_B$ and τ_{ex} , cannot be determined in practice simply by measuring $R_{1\rho}^{\text{off}}$ as a function of ω_e , because $\cos^2 \theta \rightarrow 1$ and $\sin^2 \theta \rightarrow 0$ as ω is shifted off-resonance.

The pulse sequence for the off-resonance $R_{1\rho}-R_1$ CRT experiment is illustrated in Figure 1. Following an initial refocused INEPT^{12,13} polarization transfer from I (¹H) to S (¹⁵N) spins (point a), the S spin coherence is aligned along the direction of the effective field of the off-resonance spin lock (point b). After a spin-locking period of length t (point c), the S spin coherence is returned to the z-axis (point d) for a laboratory frame relaxation period T - t, in which T is the total CRT period (point e). Finally, the S spin coherence is returned to the transverse plane, frequency-labeled during t_1 , and transferred back to the I spins for detection. The signal intensity is given by¹⁴

$$I(t) = I_0 \exp[-R_{1\rho}^{\text{off}}t] \exp[-R_1(T-t)]$$

= $I_0 \exp[-R_1T] \exp[-(R_{1\rho}^{\text{off}} - R_1)t]$
= $\tilde{I}_0 \exp[-R_{\text{eff}}t]$ (3)

in which $\tilde{I}_0 = I_0 \exp[-R_1 T]$ is the signal intensity at t = 0, I_0 is a constant, and

$$R_{\rm eff} = R_{1\rho}^{\rm off} - R_1 = (R_2 - R_1 + R_{\rm ex})\sin^2\theta \qquad (4)$$

Equation 4 can be recast using eq 2 as

$$R_{\rm eff}/\sin^2 \theta = R_2 - R_1 + (\delta \omega)^2 p_{\rm A} p_{\rm B} \tau_{\rm ex} / (1 + \tau_{\rm ex}^2 \omega_{\rm e}^2)$$
(5)

The resonance offset dependence is reduced to a scaling factor $\sin^2 \theta$ that is determined solely by the known parameters ω , ω_1 , and ω_0 . The number of free parameters is also reduced compared with eqs 1 and 2, because R_2 and R_1 appear only as the difference $R_2 - R_1$. Experimentally, $R_{\rm eff}$ is measured as a function of ω_e by varying ω , and the parameters $(\delta \omega)^2 p_A p_B$, $\tau_{\rm ex}$, and $R_2 - R_1$ are determined by nonlinear curve-fitting to eq 5.

The off-resonance $R_{1\rho}-R_1$ CRT experiment is demonstrated for a 1 mM uniformly ¹⁵N-labeled sample of the fibronectin type III domain of the extracellular matrix protein tenascin (M_r = 10.1 kDa).^{15,16} Representative relaxation curves for the backbone amide ¹⁵N spin of residues D30 (δ = 118.81 ppm), R45 (δ = 123.11 ppm), and N55 (δ = 120.35 ppm) are shown in Figure 2. Values for $R_{\text{eff}}/\sin^2 \theta$ determined at eight effective field strengths are shown in Figure 3. For maximum precision, $R_2 - R_1$ were fixed at values calculated from laboratory frame R_1 and NOE measurements (P. A. Carr and A. G. Palmer, unpublished results) using the model free formalism of Lipari and Szabo¹⁷ and a rotational correlation time of 4.4 ns. The

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Figure 1. Pulse sequence for the off-resonance $R_{1\rho}-R_1$ CRT experiment. The narrow and wide solid bars depict 90° and 180° pulses, respectively. The narrow empty bars depict pulses with a flip angle 90° - $\arctan(\omega_1/\Delta\omega_c)$. High-power pulses are applied with a field strength ω_{1c} and with the transmitter frequency ω_c centered in the ¹⁵N spectrum. The wide gray bar depicts a homospoil gradient pulse. The wide hatched bars depict high-power purge pulses of 0.5–1.0 ms duration. ¹H decoupling is applied during the relaxation delays using the WALTZ-16 sequence¹⁸ or a train of ¹H 180° pulses. ¹⁵N decoupling during acquisition is performed using GARP-1.¹⁹ The off-resonance spin-lock field is applied as continuous irradiation with a constant field strength ω_1 and offset $\Delta\omega_c = \omega - \omega_c$. The frequency is switched phase-coherently from ω_c to ω at point b and switched back at point c. The elements between a and b and between c and d serve to rotate the coherences between the *z*-axis and the directions of effective field for the ¹⁵N spins. Numerical solutions of the Bloch equations indicate that the delay $\zeta = \omega_1/(\delta\omega_c^2 + \omega_1^2) - 2/\omega_{1c}$ is optimal for $\omega_{1c} \gg |\omega_0 - \omega_c|$; $\zeta = 0$ is satisfactory when this formula yields a negative value, provided that $\omega_1 \ge |\omega_0 - \omega_c|$. The first term of ζ is determined by the contribution to θ due to chemical shift offset,^{20,21} and the second term compensates for evolution during pulses.^{22,23} The phase cycle is $\phi 1 = y, -y; \phi 2 = y, y, -y, -y, -y, y, y, -y, -y; \phi 3 = 4(x), 4(-x);$ receiver = x, -x, -x, x, x, -x, x, -x, x. Quadrature detection in the indirect dimension uses the States-TPPI phase cycle is polarization.²⁷



Figure 2. Representative relaxation curves for the ¹⁵N off-resonance CRT $R_{1\rho}-R_1$ experiment obtained using a spin-lock field strength of 2330 ± 30 Hz and an offset of 46 ppm from the center of the ¹⁵N spectrum. Residue D30 (\bigcirc , $\theta = 45.1^{\circ}$), R45 (\blacksquare , $\theta = 42.9^{\circ}$), and N55 (\square , $\theta = 44.2^{\circ}$). The decay was monitored using eight spin-lock periods, two of which were obtained in duplicate in order to assess the peak intensity error.

optimized values of τ_{ex} and $(\delta\omega)^2 p_A p_B$ are D30, 88 ± 68 μ s and (61 ± 24) × 10³ s⁻²; R45, 46 ± 5 μ s and (2.15 ± 0.05) × 10⁵ s⁻²; and N55, 27 ± 2 μ s and (4.5 ± 0.2) × 10⁵ s⁻². Assuming equally populated conformers ($p_A = p_B = 0.5$), $\delta\omega = 492 \pm 308 \text{ s}^{-1}$ (1.5 ± 1.0 ppm), 927 ± 141 s⁻¹ (2.9 ± 0.4 ppm), and 1342 ± 264 s⁻¹ (4.2 ± 0.8 ppm) for D30, R45, and N55, respectively. For comparison, if $R_2 - R_1$ is treated as a free parameter, the optimized values of τ_{ex} and $(\delta\omega)^2 p_A p_B$ are

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Figure 3. Curve fits of eq 5 to the experimental $R_{\text{eff}}/\sin^2 \theta$ data for residues D30 (O), R45 (**■**), and N55 (**□**) obtained at eight different effective fields. The spin-lock field strength was 2330 ± 30 Hz. The offsets from the center of the ¹⁵N spectrum were 138, 115, 92, 69, 57, 46, 34, and 23 ppm (corresponding to nominal tilt angles of 18.4, 21.8, 26.6, 33.7, 38.7, 45.0, 53.1, and 63.4°). A duplicate data set was acquired for an offset of 92 ppm.

R45, $35 \pm 9 \,\mu s$ and $(2.8 \pm 0.8) \times 10^5 \, s^{-2}$; N55, $24 \pm 9 \,\mu s$ and $(5.5 \pm 3.7) \times 10^5$; data for D30 could not be fit reliably.

In conclusion, the off-resonance $R_{1\rho}-R_1$ CRT relaxation experiment offers significant advantages for characterizing exchange processes on μ s-ms time scales in complex biological macromolecules: (i) the dynamics of multiple sites in a complex molecule can be investigated in a single experiment, (ii) only moderate spin-lock field strengths are required, and (iii) differences between the effective fields experienced by a nuclear spin in different conformations are minimized.

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