# Monitoring Macromolecular Motions on Microsecond to Millisecond Time Scales by $\mathbf{R}_{1 \rho}-\mathbf{R}_{1}$ Constant Relaxation Time NMR Spectroscopy 

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Dynamic processes on microsecond to millisecond ( $\mu \mathrm{s}-\mathrm{ms}$ ) time scales are important for the functions of proteins, including recognition, allostery, and catalysis. ${ }^{1,2}$ Intramolecular motions on $\mu \mathrm{s}-\mathrm{ms}$ time scales contribute to nuclear magnetic relaxation through adiabatic dephasing of coherent states and are exhibited as conformational exchange phenomena in solution-state NMR spectroscopy. ${ }^{3}$ Nuclear magnetic relaxation in the rotating frame (i.e., in the presence of a radiofrequency (rf) field) constitutes a unique source of information on chemical and conformational exchange processes. ${ }^{4}$ This communication presents a new rotating frame technique for studying intra- and intermolecular exchange in proteins ${ }^{5-8}$ that overcomes several difficulties associated with existing spin-lock and spin-echo experiments. First, rotating frame and laboratory frame relaxation rate constants are averaged during a novel constant relaxation time (CRT) period in order to simplify the off-resonance effects normally encountered in spin-lock experiments. Second, an offresonance spin-lock rf field ${ }^{9-11}$ is used to increase the magnitude of the effective magnetic field in the rotating frame in order to access faster dynamic processes. The off-resonance $R_{1 \rho}-R_{1}$ CRT nuclear magnetic relaxation experiment allows determination of conformational exchange times at least as short as 25 $\mu \mathrm{s}$ in proteins.

The effect of conformational (or chemical) exchange on the off-resonance rotating frame relaxation rate constant, $R_{1 \rho}^{\text {off }}$, is described by ${ }^{8}$

$$
\begin{equation*}
R_{1 \rho}^{\mathrm{off}}=R_{1} \cos ^{2} \theta+R_{2} \sin ^{2} \theta+R_{\mathrm{ex}} \sin ^{2} \theta \tag{1}
\end{equation*}
$$

in which $\theta=\arctan \left(\omega_{1} / \Delta \omega\right)$ is the "tilt angle" between the directions of the reduced static field, $\Delta \omega=\omega-\omega_{0}$, and the effective field, $\omega_{\mathrm{e}}=\left(\omega_{1}^{2}+\Delta \omega^{2}\right)^{1 / 2}$, in the rotating frame; $\omega$ is the spin-lock rf frequency; $\omega_{1}$ is the spin-lock field strength in units of rad/s; $\omega_{0}$ is the population-averaged chemical shift; $R_{1}$ and $R_{2}$ are the spin-lattice and spin-spin relaxation rate constants, respectively; and $R_{\text {ex }}$ is the contribution to the transverse relaxation rate from exchange processes. For exchange between two sites $A$ and $B,{ }^{8}$

$$
\begin{equation*}
R_{\mathrm{ex}}=(\delta \omega)^{2} p_{\mathrm{A}} p_{\mathrm{B}} \tau_{\mathrm{ex}} /\left(1+\tau_{\mathrm{ex}}^{2} \omega_{\mathrm{e}}^{2}\right) \tag{2}
\end{equation*}
$$

[^0]in which $p_{i}$ is the population of spins in site $i, \delta \omega=\omega_{\mathrm{A}}-\omega_{\mathrm{B}}$ is the chemical shift difference between the two sites, and $\tau_{\mathrm{ex}}$ $=1 / k_{\mathrm{ex}}=p_{\mathrm{B}} / k_{\mathrm{A} \rightarrow \mathrm{B}}=p_{\mathrm{A}} / k_{\mathrm{B} \rightarrow \mathrm{A}}$ is the time constant for the exchange process. The off-resonance spin-lock experiment allows $\omega_{\mathrm{e}}$ to be varied by changing $\omega$ while keeping $\omega_{1}$ constant in order to minimize sample heating effects. In addition, complications that arise because the resonance frequencies for the (two) individual conformations (e.g., $\omega_{\mathrm{A}}$ and $\omega_{\mathrm{B}}$ ) differ from $\omega_{0}$ are mitigated because $\Delta \omega \gg \delta \omega$. The desired exchange parameters, $(\delta \omega)^{2} p_{\mathrm{A}} p_{\mathrm{B}}$ and $\tau_{\mathrm{ex}}$, cannot be determined in practice simply by measuring $R_{1 \rho}^{\mathrm{off}}$ as a function of $\omega_{\mathrm{e}}$, because $\cos ^{2} \theta$ $\rightarrow 1$ and $\sin ^{2} \theta \rightarrow 0$ as $\omega$ is shifted off-resonance.

The pulse sequence for the off-resonance $R_{1 \rho}-R_{1}$ CRT experiment is illustrated in Figure 1. Following an initial refocused INEPT ${ }^{12,13}$ polarization transfer from $I\left({ }^{1} \mathrm{H}\right)$ to $S\left({ }^{15} \mathrm{~N}\right)$ spins (point a), the $S$ spin coherence is aligned along the direction of the effective field of the off-resonance spin lock (point b). After a spin-locking period of length $t$ (point $\mathbf{c}$ ), the $S$ spin coherence is returned to the $z$-axis (point d) for a laboratory frame relaxation period $T-t$, in which $T$ is the total CRT period (point e). Finally, the $S$ spin coherence is returned to the transverse plane, frequency-labeled during $t_{1}$, and transferred back to the $I$ spins for detection. The signal intensity is given by ${ }^{14}$

$$
\begin{align*}
I(t) & =I_{0} \exp \left[-R_{1 \rho}^{\text {off }} t\right] \exp \left[-R_{1}(T-t)\right] \\
& =I_{0} \exp \left[-R_{1} T\right] \exp \left[-\left(R_{1 \rho}^{\text {off }}-R_{1}\right) t\right] \\
& =\tilde{I}_{0} \exp \left[-R_{\mathrm{eff}} t\right] \tag{3}
\end{align*}
$$

in which $\tilde{I}_{0}=I_{0} \exp \left[-R_{1} T\right]$ is the signal intensity at $t=0, I_{0}$ is a constant, and

$$
\begin{equation*}
R_{\mathrm{eff}}=R_{1 \rho}^{\mathrm{off}}-R_{1}=\left(R_{2}-R_{1}+R_{\mathrm{ex}}\right) \sin ^{2} \theta \tag{4}
\end{equation*}
$$

Equation 4 can be recast using eq 2 as

$$
\begin{equation*}
R_{\mathrm{eff}} / \sin ^{2} \theta=R_{2}-R_{1}+(\delta \omega)^{2} p_{\mathrm{A}} p_{\mathrm{B}} \tau_{\mathrm{ex}} /\left(1+\tau_{\mathrm{ex}}{ }^{2} \omega_{\mathrm{e}}^{2}\right) \tag{5}
\end{equation*}
$$

The resonance offset dependence is reduced to a scaling factor $\sin ^{2} \theta$ that is determined solely by the known parameters $\omega$, $\omega_{1}$, and $\omega_{0}$. The number of free parameters is also reduced compared with eqs 1 and 2, because $R_{2}$ and $R_{1}$ appear only as the difference $R_{2}-R_{1}$. Experimentally, $R_{\text {eff }}$ is measured as a function of $\omega_{\mathrm{e}}$ by varying $\omega$, and the parameters $(\delta \omega)^{2} p_{\mathrm{A}} p_{\mathrm{B}}$, $\tau_{\text {ex }}$, and $R_{2}-R_{1}$ are determined by nonlinear curve-fitting to eq 5 .

The off-resonance $R_{1 \rho}-R_{1}$ CRT experiment is demonstrated for a 1 mM uniformly ${ }^{15} \mathrm{~N}$-labeled sample of the fibronectin type III domain of the extracellular matrix protein tenascin ( $M_{\mathrm{r}}$ $=10.1 \mathrm{kDa}) .{ }^{15,16}$ Representative relaxation curves for the backbone amide ${ }^{15} \mathrm{~N}$ spin of residues D30 ( $\delta=118.81 \mathrm{ppm}$ ), $\mathrm{R} 45(\delta=123.11 \mathrm{ppm})$, and $\mathrm{N} 55(\delta=120.35 \mathrm{ppm})$ are shown in Figure 2. Values for $R_{\text {eff }} / \sin ^{2} \theta$ determined at eight effective field strengths are shown in Figure 3. For maximum precision, $R_{2}-R_{1}$ were fixed at values calculated from laboratory frame $R_{1}$ and NOE measurements (P. A. Carr and A. G. Palmer, unpublished results) using the model free formalism of Lipari and Szabo ${ }^{17}$ and a rotational correlation time of 4.4 ns . The

[^1]

Figure 1. Pulse sequence for the off-resonance $R_{1 \rho}-R_{1}$ CRT experiment. The narrow and wide solid bars depict $90^{\circ}$ and $180^{\circ}$ pulses, respectively. The narrow empty bars depict pulses with a flip angle $90^{\circ}-\arctan \left(\omega_{1} / \Delta \omega_{c}\right)$. High-power pulses are applied with a field strength $\omega_{1 \mathrm{c}}$ and with the transmitter frequency $\omega_{c}$ centered in the ${ }^{15} \mathrm{~N}$ spectrum. The wide gray bar depicts a homospoil gradient pulse. The wide hatched bars depict highpower purge pulses of $0.5-1.0 \mathrm{~ms}$ duration. ${ }^{1} \mathrm{H}$ decoupling is applied during the relaxation delays using the WALTZ-16 sequence ${ }^{18}$ or a train of ${ }^{1} \mathrm{H} 180^{\circ}$ pulses. ${ }^{15} \mathrm{~N}$ decoupling during acquisition is performed using GARP-1. ${ }^{19}$ The off-resonance spin-lock field is applied as continuous irradiation with a constant field strength $\omega_{1}$ and offset $\Delta \omega_{\mathrm{c}}=\omega-\omega_{\mathrm{c}}$. The frequency is switched phase-coherently from $\omega_{\mathrm{c}}$ to $\omega$ at point b and switched back at point c . The elements between a and b and between c and d serve to rotate the coherences between the $z$-axis and the directions of effective field for the ${ }^{15} \mathrm{~N}$ spins. Numerical solutions of the Bloch equations indicate that the delay $\zeta=\omega_{1} /\left(\delta \omega_{\mathrm{c}}^{2}+\omega_{1}^{2}\right)-2 / \omega_{1 \mathrm{c}}$ is optimal for $\omega_{1 \mathrm{c}} \gg\left|\omega_{0}-\omega_{\mathrm{c}}\right|$; $\zeta=0$ is satisfactory when this formula yields a negative value, provided that $\omega_{1} \geq\left|\omega_{\mathrm{o}}-\omega_{\mathrm{c}}\right|$. The first term of $\zeta$ is determined by the contribution to $\theta$ due to chemical shift offset, ${ }^{20,21}$ and the second term compensates for evolution during pulses. ${ }^{22,23}$ The phase cycle is $\phi 1=y,-y ; \phi 2=$ $y, y,-y,-y, y, y,-y,-y ; \phi 3=4(x), 4(-x)$; receiver $=x,-x,-x, x,-x, x, x,-x$. Quadrature detection in the indirect dimension uses the States-TPPI phase cycling scheme. ${ }^{24}$ The sequence can be elaborated to include sensitivity enhancement, ${ }^{25}$ gradient coherence selection, ${ }^{26}$ or coherence transfer using cross polarization. ${ }^{27}$


Figure 2. Representative relaxation curves for the ${ }^{15} \mathrm{~N}$ off-resonance CRT $R_{1 \rho}-R_{1}$ experiment obtained using a spin-lock field strength of $2330 \pm 30 \mathrm{~Hz}$ and an offset of 46 ppm from the center of the ${ }^{15} \mathrm{~N}$ spectrum. Residue $\mathrm{D} 30\left(\mathrm{O}, \theta=45.1^{\circ}\right)$, R45 ( $\left.\square, \theta=42.9^{\circ}\right)$, and N55 ( $\square, \theta=44.2^{\circ}$ ). The decay was monitored using eight spin-lock periods, two of which were obtained in duplicate in order to assess the peak intensity error.
optimized values of $\tau_{\text {ex }}$ and $(\delta \omega)^{2} p_{\mathrm{A}} p_{\mathrm{B}}$ are $\mathrm{D} 30,88 \pm 68 \mu \mathrm{~s}$ and $(61 \pm 24) \times 10^{3} \mathrm{~s}^{-2} ; \mathrm{R} 45,46 \pm 5 \mu \mathrm{~s}$ and $(2.15 \pm 0.05) \times$ $10^{5} \mathrm{~s}^{-2}$; and $\mathrm{N} 55,27 \pm 2 \mu \mathrm{~s}$ and $(4.5 \pm 0.2) \times 10^{5} \mathrm{~s}^{-2}$. Assuming equally populated conformers ( $p_{\mathrm{A}}=p_{\mathrm{B}}=0.5$ ), $\delta \omega$ $=492 \pm 308 \mathrm{~s}^{-1}(1.5 \pm 1.0 \mathrm{ppm}), 927 \pm 141 \mathrm{~s}^{-1}(2.9 \pm 0.4$ ppm), and $1342 \pm 264 \mathrm{~s}^{-1}(4.2 \pm 0.8 \mathrm{ppm})$ for D30, R45, and N55, respectively. For comparison, if $R_{2}-R_{1}$ is treated as a free parameter, the optimized values of $\tau_{\mathrm{ex}}$ and $(\delta \omega)^{2} p_{\mathrm{A}} p_{\mathrm{B}}$ are

[^2]

Figure 3. Curve fits of eq 5 to the experimental $R_{\text {eff }} / \sin ^{2} \theta$ data for residues D30 (O), R45 ( $\mathbf{\square}$ ), and N55 ( $\square$ ) obtained at eight different effective fields. The spin-lock field strength was $2330 \pm 30 \mathrm{~Hz}$. The offsets from the center of the ${ }^{15} \mathrm{~N}$ spectrum were $138,115,92,69,57$, 46,34 , and 23 ppm (corresponding to nominal tilt angles of $18.4,21.8$, $26.6,33.7,38.7,45.0,53.1$, and $63.4^{\circ}$ ). A duplicate data set was acquired for an offset of 92 ppm .

R45, $35 \pm 9 \mu$ s and $(2.8 \pm 0.8) \times 10^{5} \mathrm{~s}^{-2} ; \mathrm{N} 55,24 \pm 9 \mu \mathrm{~s}$ and $(5.5 \pm 3.7) \times 10^{5}$; data for D30 could not be fit reliably.

In conclusion, the off-resonance $R_{1 \rho}-R_{1}$ CRT relaxation experiment offers significant advantages for characterizing exchange processes on $\mu \mathrm{s}-\mathrm{ms}$ time scales in complex biological macromolecules: (i) the dynamics of multiple sites in a complex molecule can be investigated in a single experiment, (ii) only moderate spin-lock field strengths are required, and (iii) differences between the effective fields experienced by a nuclear spin in different conformations are minimized.

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